

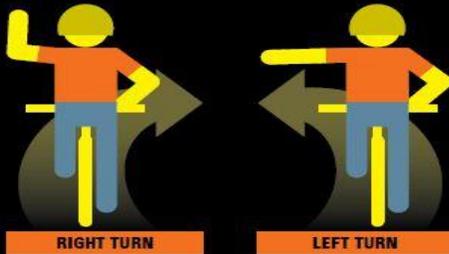
Go With the Flow, Ride on the Right Side of the Road with Traffic

Always ride on the right side of the road, with traffic. Ride no more than two abreast (as long as it does not impede the flow of traffic), in a straight, predictable path. Riding against traffic will put you where motorists don't expect you.

Obey All Traffic Laws, Signs and Signals

Bicycles are considered vehicles and must obey the same rules as motorists. Always signal your intentions and be courteous to pedestrians and other vehicle operators.

Hand Signals



Look both ways.

Word Search Activity

Bicycle

Safety

Helmet

Signs

Fun

Friends

Caution

Path

Protection

Smart

n	n	x	o	e	n	j	f	m	s
l	o	l	m	l	h	e	b	k	a
t	m	i	d	c	s	a	a	q	f
r	i	g	t	y	s	o	r	s	e
a	r	d	e	c	z	n	d	i	t
m	s	i	h	i	e	n	g	l	y
s	n	t	s	b	e	t	v	i	o
c	a	u	t	i	o	n	o	m	s
p	b	j	r	f	u	n	k	r	x
d	c	f	t	e	m	l	e	h	p

TEXT Tip

Text anonymous tips to **847411**

Start your message with **tipepd**

Or use the mobile app **TipCPD** for smart phones and android devices.

EMERGENCY: DIAL 911

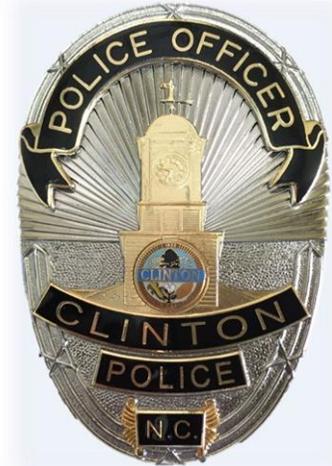


Special thanks to Sgt E. Carter, Ofc A. Nance and Admin J. Ko for creating this pamphlet.

Este folleto también está disponible en español.

BICYCLE SAFETY GUIDE

-- Clinton Police Department

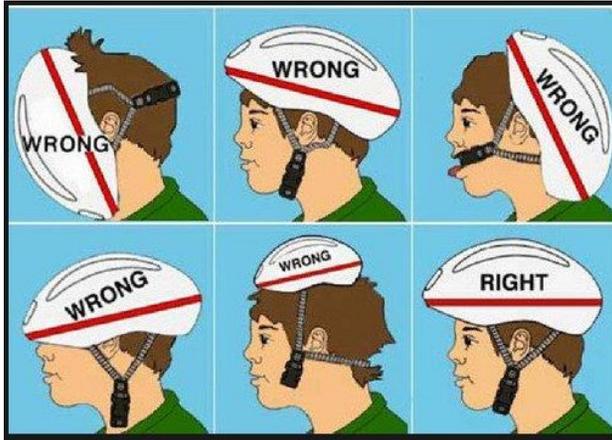


- Bicycle helmets prevent 60% of head injury deaths.
- Bicycle helmets reduce the risk of head injury by as much as 85% and the risk of brain injury by as much as 88%.
- In North Carolina, a bicyclist is killed or injured approximately every six hours.

Check your helmet for the proper size.

Use an approved DOT Bicycle helmet.

Check your helmet for DOT approved sticker.



For your safety please wear your helmet in the proper way.

A safe helmet is a good helmet



Check your helmet closely for damage before you wear it.

As always the Clinton Police Department is and will always be here for you. If you have any questions or concerns just come by or ask any Law Enforcement Officer for assistance. We will be glad to assist you with your concerns or for advice.

Bicycle Registration Program

Bring your bicycle to the Police Department and we will register it for you.

- You must be 18 years or older or accompanied by an adult.
- Mon-Fri between 8AM and 5PM.
- We will register the Bicycle for you in our database with the serial number or an owner applied number and a photograph.
- We will engrave the number on the bicycle for you.

Call 910-592-3105 and speak with an Administrative Records Specialist for more information.

Why would we do this?

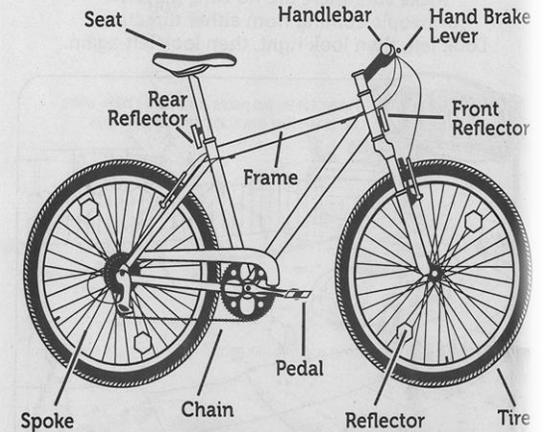
Just in case it gets stolen then we will have the serial number and photo available to help with the investigation.

HELMET SIZING CHART

ADULT	INCHES	CM
XS	20.87 – 21.26 in.	53 – 54cm
S	21.65 – 22.05 in.	55 – 56cm
M	22.44 – 22.83 in.	57 – 58cm
L	23.23 – 23.62 in.	59 – 60cm
XL	24.02 – 24.41 in.	61 – 62cm
XXL	24.80 – 25.20 in.	63 – 64cm
XXXL	25.60 – 26.00 in.	65 – 66cm

Checklist

Learn the parts of your bicycle. Do a safety check of your bicycle before every ride.



BICYCLE SAFETY CHECKLIST

- | | |
|--|---|
| <input type="checkbox"/> HANDLEBAR is tight | <input type="checkbox"/> SPOKES are tight and none are broken |
| <input type="checkbox"/> SEAT is on tight | <input type="checkbox"/> BRAKES work smoothly |
| <input type="checkbox"/> REFLECTORS are on tight | <input type="checkbox"/> CHAIN has oil on it |
| <input type="checkbox"/> TIRES do not have cuts, cracks, or bulges | <input type="checkbox"/> PEDALS are attached tightly |
| <input type="checkbox"/> TIRES have enough air | |

All parts of your bicycle have a purpose. Check every part for good working order. If any part of your bicycle is not in good working order it could cause injury.